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### Guidelines for authors

#### About Journal

Unani Research is a peer reviewed journal developed to publish original, innovative and novel research articles related to Unani field. This peer-reviewed scientific journal publishes theoretical and empirical papers that reports of the research findings in Unani field. All theoretical and methodological perspectives are welcomed. We also encourage the submission of short papers/communications presenting various ancient literatures related to Unani System of Medicine.

#### Aim and Scope

The main aim of the journal to publish significant research focusing on evidence concerning the efficacy and safety of Unani System of Medicine. It is also aimed to publish articles covering interventions with natural products, including herbal medicines.

#### Subjects covered in the journal

The journal aims to cater the latest outstanding developments in the field of Unani Medical sciences covering the following topics (non-limiting):

## Editorial Policy

Manuscripts are accepted with the understanding that the authors have not violated any ethical practice followed in preparation and publication of biomedical manuscripts. The list practices that are considered unethical are given in the journal website ([www.unanires.org](http://www.unanires.org)). Author/s is/are responsible for all the statements made in their work and should be willing to defend them publicly, if challenged. Authors should prepare their manuscripts submitted to the journal exactly according to the instructions given. Manuscripts which do not follow the format and style of the journal may be returned to the authors for revision or rejected. The journal reserves the right to make any further formal changes and language corrections necessary in a manuscript accepted for publication. Manuscripts and figures are not returned to the authors, not even upon rejection of the paper.

**Research papers:** Original research work will be considered under this section depending on the volume and quality of work.

**Methods:** Articles on new methods/procedures on drug evaluation, testing and analyses will be published. Innovative studies on established methodologies and their modifications will also be considered. The articles must be supported by data.

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**Research letters:** Preliminary work with hard data can be published as a Letter. Brief research communications will also be accepted under this section.

**Correspondence:** Comment(s) on previously published articles, items of current interest and articles of general interest and views can be submitted for this section.

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### Covering Letter

Disclose all possible conflicts of interest (e.g., funding sources for consultancies or studies of products). Full contact details with postal address(es), phone numbers (mobile & landline) and email IDs (primary & secondary) of the corresponding author must be clearly mentioned. The importance of the paper may be briefly indicated. A list of potential reviewers (not exceeding 5) with their phone numbers and email IDs should be included. The suggested reviewers must be working in the same area dealt with in the manuscript. Whether to use their services or not

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### **Title Page**

Title page should give the title, author's names, their affiliations and their email IDs, corresponding author's name, email IDs, postal address, phone numbers (landline & mobile) and acknowledgements if any.

### **Preparation of Manuscript**

The manuscript should be typed, double-spaced on standard-sized – paper (8.5" x 11") with 1" margins on all sides. Times New Roman font 12 pt should be used. The fonts used in the text as well as graphics should be restricted to Times New Roman, Symbol and Zapf Dingbats.

A research paper typically should include the following in the order given below:

- Title
- Abstract
- Keywords
- Introduction
- Materials and Methods
- Results including Tables and/or Figures
- Discussion
- Conclusion
- Acknowledgements (If any)
- Abbreviations used (required)
- References
- Appendixes (if necessary)

## **Title**

Should be in Title Case; the first character in each word in the title has to be capitalized. Authors' names and affiliations should not be given.

## **Abstract**

Should be structured and limited to 250 Words. A brief summary of the research should be given under the subheadings Introduction, Methods, Results, and Conclusions..

## **Key words**

No more than six keywords are needed. Words appearing in the title should not be given as keywords. It is desirable to include the alternative words, if any under keywords e.g. the word 'epinephrine'. They should be written left aligned, arranged alphabetically in 12pt Times Roman, and the line must begin with the words Keywords boldfaced. A 12pt space should separate the keywords from the affiliations.

## **Introduction**

Description of the research area, pertinent background information, and the hypotheses tested in the study should be included under this section. The introduction should provide sufficient background information such that a scientifically literate reader can understand and appreciate the work to be described. A detailed review of literature is not at all required under this section. The specific aims of the project should be identified along with rationale for the specific experiments and other work performed. The introduction MUST include in-text citations including a few references pertinent to the background and justification for the study.

## **Materials and Methods**

Materials and/or subjects utilized in the study as well as the procedures undertaken to complete the work. The methods should be described in sufficient detail such that they could be repeated by a competent researcher. The sources of all major instruments and reagents used (kits, drugs, etc) must be given with parentheses. Illustrations and/or tables may be helpful in describing complex equipment or elaborate procedures. The statistical tool used to analyze the data should be mentioned. All procedures involving experimental animals or human subjects must accompany a statement on ethical approval from appropriate ethics committee.

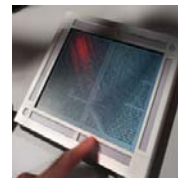
## **Results**

The in vitro anticancer activity of the crude extract of the sponge-associated fungus *Eurotium cristatum* and its secondary metabolites

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Data acquired from the research with appropriate statistical analysis described in the methods section should be included in this section. The results section should highlight the important results obtained. Data should be organized into figures and tables. Qualitative as well as quantitative results should be included if applicable.

## Discussion/Conclusion

This section should relate the results section to current understanding of the scientific problems being investigated in the field. Description of relevant references to other work/s in the field should be included here. This section also allows the author to discuss the significance of the results - i.e. does the data support the hypotheses you set out to test? This section should end with new answers/questions that arise as a result of the author's work.

## Tables and Figures

### *Tables*

Tables should be numbered with Roman numerals according to their sequence in the text, and have a short self-explanatory heading. Use SI units. Tables should include vertical rules, but horizontal rules should separate column headings from the content. Authors should keep in mind the page layout of the journal when designing tables. Tables that fit onto one printed page are preferred. Detailed explanations of symbols, units, and abbreviations should be given below the table.

### *Illustrations*

Figures for final production should be submitted as electronic files and hard copy so that the editorial office can ensure that the output of electronic files matches the hardcopy. Please pay particular attention to the guidelines below. The editorial office cannot undertake preparation of manuscripts and illustrations not conforming to journal style. Manuscripts of insufficient quality will be returned immediately without refereeing. A high standard of illustration (both line and photo) is an editorial priority. All illustrations should be prepared for printing to fit 80 x 240 mm (column width) or 169 mm by up to 240 mm (full page) size. The authors should keep in mind that the full-page length is not used and the caption will be placed underneath the figure. In the event that full-page length is necessary for plates, captions will have to appear on adjacent pages. Figure(s) must be numbered consecutively in the text. Compound figures with more than one micrograph or photo should be referred to by a single figure reference (e.g. Figure 1), and individual parts should be labeled with capitalized letters in the lower left-hand corner. Lettering should be of a sans-serif type (i.e. fonts without serifs such as Arial) with a minimum published size of 4.2 mm (12 pt). Descriptive labeling in the figures should be clearly readable, and all lettering should have a minimum published size of 6 pt (2.1 mm) for labeling items on photographs or in line art is recommended and a maximum size of 10 pt is suggested. Use a scale bar to indicate magnifications and place in the lower right corner if possible. Computer prepared photographic images must be at a minimum of 350 dpi at the final publication size. Lower resolution will result in pixilation and poor quality images. These should be submitted as JPEG or TIFF, but encapsulated postscript (EPS) format is also acceptable.

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All tables and figures must be placed in appropriate places in the manuscript and when this is not possible, appropriate place must be indicated in the manuscript. Please note good quality figures must be submitted as separate files as said above apart from presenting a copy of the same at appropriate places in the manuscript. This will make job of the reviewer easy.

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## Acknowledgements

Those who have helped the authors carry out the study and/or prepare the manuscript but

have not made significant intellectual contribution to deserve authorship must be acknowledged. Mention all applicable grants and other funding that supported the work.

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## References

### In-text citation

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Solid protein pharmaceuticals may experience a variety of instabilities. Major instabilities include aggregation, deamidation, oxidation, the Maillard reaction, hydrolysis, and disulfide bond formation/exchange.<sup>[12,16]</sup> Many factors affect these instabilities, including storage temperature, glass transition temperature of the formulation, residual moisture content, formulation<sup>[10-12]</sup> 'pH', crystallization of amorphous excipients, and presence of destabilizing excipients or contaminants. These instabilities may be minimized by proper selection of formulation pH<sup>[15]</sup>, residual moisture content, and more importantly, formulation stabilizers, such as sugars: polyols, polymers, salts, and surfactants.<sup>[21]</sup>

#### **Reference List: Author/Authors**

## **Journal References**

### **1. Single/Multiple Authors**

Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med*. 2002 Jul 25; 347(4): 284-7.

### **2. More than six authors**

Rose ME, Huerbin MB, Melick J, Marion DW, Palmer AM, Schiding JK, et al. Regulation of interstitial excitatory amino acid concentrations after cortical contusion injury. *Brain Res*. 2002; 935(1-2): 40-6.

### **3. Organization as Author**

Diabetes Prevention Program Research Group. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. *Hypertension*. 2002; 40(5): 679-86.

### **4. Unknown Author**

21st century heart solution may have a sting in the tail. *BMJ*. 2002; 325(7357): 184-5.

### **5. Journal article on the Internet**

Abood S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. *Am J Nurs* [serial on the Internet]. 2002 Jun [cited 2002 Aug 12]; 102(6): [about 3 p.]. Available from:

<http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>

Note: Plant/Micro organisms, in-vivo, in-vitro should be in italics.

### **6. Personal author(s)**

Murray PR, Rosenthal KS, Kobayashi GS, Paller MA. *Medical microbiology*. 4th ed. St. Louis: Mosby; 2002.

### **7. Editor(s), compiler(s) as author**

Gilstrap LC 3rd, Cunningham FG, VanDorsten JP, editors. *Operative obstetrics*. 2nd ed. New York: McGraw-Hill; 2002.

### **8. Author(s) and editor(s)**

Breedlove GK, Schorfheide AM. *Adolescent pregnancy*. 2nd ed. Wiecezorek RR, editor. White Plains (NY): March of Dimes Education Services; 2001.

### **9. Organization(s) as author**

Royal Adelaide Hospital; University of Adelaide, Department of Clinical Nursing. *Compendium of nursing research and practice development, 1999-2000*. Adelaide (Australia): Adelaide University; 2001.

### **10. Chapter in a book**

Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, editors. *The genetic basis of human cancer*. New York: McGraw-Hill; 2002. p. 93-113.

### **11. Conference proceedings**

Harnden P, Joffe JK, Jones WG, editors. *Germ cell tumors V. Proceedings of the 5th Germ Cell Tumour Conference*; 2001 Sep 13-15; Leeds, UK. New York: Springer; 2002.

### **12. Thesis**

N. Khoshakhlagh. *The compositions of volatile fractions of Peganum harmala seeds and its smoke*. Pharm. D. Thesis, Faculty of Pharmacy, Tehran University of Medical Sciences, Tehran, Iran. (2002).

### **13. Website**

Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>.

#### **Submission**

**Submission of Manuscript**

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